

# The Parable of Sand and Stone



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A story tells that two friends were hiking through a large desert. During some point of the hike they had an argument and one friend slapped the other one in the face.

The one who got slapped was hurt, but without saying anything, stooped down and wrote in the sand... "TODAY MY BEST FRIEND SLAPPED ME IN THE FACE."

They continued to hike and explore, and unfortunately came across some quicksand. The one who had been slapped got stuck in the quicksand and started to sink to his death.

But the friend saved him. After the friend recovered from the near drowning, he took a small rock and carved into stone.... "TODAY MY BEST FRIEND SAVED MY LIFE."

The friend who had slapped and saved his best friend asked him, "After I hurt you, you wrote in the sand and now, you write on a stone, why?"

The other friend replied... "When someone hurts us, we should write it down in sand where winds of forgiveness can erase it away. But, when someone does something good for us, we must engrave it in stone where no wind can ever erase it."

Learn to write your hurts in the sand and to carve your blessings in stone.

*Lesson: Forgive and Forget the Bad Things, Always Remember the Good Things*